



OB-GYN Women's Physicians Assoc., Inc.

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INSTRUCTIONS FOR ULTRASOUND SCAN

1. Empty your bladder 1 1/2 hours before your scheduled appointment.
2. Within the next 30 minutes drink 30oz of any liquid.
3. **DO NOT** empty your bladder until **after** the scan.
4. Please report to this office at the appointed time.
5. Also bring a blank VHS tape with you if you wish to tape the scan.